

September is Suicide Prevention Month.



This Suicide Prevention Month — and every month — *Be There* for Veterans and let them know that your organization cares. Simple gestures of support can provide hope during challenging times.

As a leading Suicide Prevention Month advocate, VA will amplify the message to Veterans and their networks that support is available, suicide is preventable, and resources exist to help Veterans get back on track.

Here are ways your organization can join Suicide Prevention Month efforts:

- Host a S.A.V.E. Training for your community and ask your local Suicide Prevention Coordinator (SPC) to help coordinate.
- Share our social media messages and graphics on Facebook, Twitter, and Instagram.
- Add a web banner to your facility website or office webpage.

- Connect with your local SPC and ask about training opportunities.
- Add the Veterans Crisis Line (1-800-273-8255 and Press 1) to your signature block in case a Veteran you know is having thoughts of suicide.

Download Suicide Prevention Month materials and learn more about VA's **Be There** campaign at

BeThereForVeterans.com

September is Suicide Prevention Month. VA's *Be There* campaign encourages family and friends to take small actions to support Veterans, which can in turn make a big difference. *Be There* is intended to empower all members of the community to play a role in preventing suicide among Veterans.



U.S. Department of Veterans Affairs